Just for the Health of It! Come to the **Wellness Fair**

Thursday, February 6th 6:30 pm - 8 pm

Twinsburg High School Commons Resources, Raffle, and Refreshments THS Showcase & 8th Grade Parent Scheduling Night 7 pm - 8:30 pm THS Auditorium FREE ර Open to Twinsburg City School District Parents ර Residents!

Twinsburg City School District is pleased to invite you to an evening devoted to wellness and safety for families.

Resources available on-site:

- Wellness and Awareness of Community
- Mental Health and Physical Health
- Participate in Yoga
- Create a Stress Ball

Preschool through Grade 12 parents please plan to attend.

To be healthy as a whole, mental wellness plays a role!

For more information please contact: Kathi Powers, Superintendent 330.486.2002

