



# WILCOX AND BISSELL ELEMENTARY – BREAKFAST MENU – 2013-14



| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|--|---|---|--|
| <p>CHOICE OF ASSORTED BREAKFAST BARS</p> <ul style="list-style-type: none"> <li>W.G. CINNAMON POPTART</li> <li>W.G. OR STRAWB. POPTART PLUS A STRING CHEESE</li> </ul> <p>CHOICE OF 1 OR 2: ORANGE JUICE<br/>FRESH FRUIT</p> <p>CHOICE OF MILK</p> | <p>HOT BREAKFAST<br/>W.G. PANCAKE SAUSAGE (turkey) WRAP ON A STICK<br/>OR<br/>CRUNCHMANIA CINNAMON BUN</p> <p>CHOICE OF 1 OR 2: ORANGE JUICE<br/>FRESH FRUIT</p> <p>CHOICE OF MILK</p> | <p>HOT BREAKFAST<br/>W.G. MAPLE MINI FRENCH TOAST<br/>OR<br/>CRUNCHMANIA CINNAMON BUN</p> <p>CHOICE OF 1 OR 2: ORANGE JUICE<br/>FRESH FRUIT</p> <p>CHOICE OF MILK</p> | <p>HOT BREAKFAST<br/>W.G. BREAKFAST PIZZA BAGEL<br/>OR<br/>CRUNCHMANIA CINNAMON BUN</p> <p>CHOICE OF 1 OR 2: ORANGE JUICE<br/>FRESH FRUIT</p> <p>CHOICE OF MILK</p> | <p>CHOICE OF ASSORTED BREAKFAST BARS</p> <ul style="list-style-type: none"> <li>W.G. TRIX CEREAL BAR</li> <li>W.G. CIN TOAST CRUNCH BARS PLUS A STRING CHEESE</li> </ul> <p>CHOICE OF 1 OR 2: ORANGE JUICE<br/>FRESH FRUIT</p> <p>CHOICE OF MILK</p> |

**BREAKFAST PRICE: \$1.50**  
*All Breakfasts include a Fat-free Choc or 1% White Milk offered for .50 cents. Reduced-price is 30 cents per breakfast. Free lunch students receive Free Breakfast as well.*

**Students must select a minimum of 3 items to qualify as a reimbursable breakfast! Students must take at least one serving of fruit or juice.**

Our menus are planned by Registered Dietitian Mark Bindus and are certified by the USDA to meet or exceed the highest standards required.

**HealthierUS**