Wilcox Specials Closing Assignments
Day 1-5 "Earth Day"

Directions: Pick at least 5 activities. Make sure you get a BINGO! You must use the center square!

Go outside, enjoy the Earth and play for at least 30 minutes. Make sure to keep your body moving. Here are some ideas: -ride your bike -walk your dog -take a hike -play a sport -make up a game to play	Create an exercise routine using at least 3 different movements. Will you use the number of times you do it or amount of time? Then teach it to a family member and complete it together. Make sure you do your routine at least 2 times. **Example:** 5 pushups 25 high knees 5 sit ups 10 burpees	Play the beat on your homemade instrument, or move your body to the "Earth Day Song" Use the link below for the song: "Earth Day Song for Kids" https://www.youtube.com/watch?v=DyhbovE5lrk
Learn the Earth Day Song for Kids and Sing along. "Earth Day Song for Kids" https://www.youtube.com/watch?v=DyhbovE5lrk	Litterbug Recycling Project 1. Select an insect (real or invented) 2. Choose recyclable materials to create a 3D insect 3. Brainstorm what habitat your insect would live in 4. Share your ideas with a family member	Complete the exercises below: 30 seconds Jumping Jacks 10 seconds rest 30 seconds Hold Plank Pose (the start of a push up position) 10 seconds rest 30 seconds running in place 10 seconds rest 30 seconds Line jumpers (jump back and forth over a line) 2 minutes Recovery Repeat these exercises 2 times
Explore found object art through the link below. Found Object Art Link https://docs.google.com/presentation/d/1sRLvgQHY-laUBpsdkG_0cLwi8nY5T6xB63gdNYx1srw/edit#slide=id.p	Make a homemade instrument using recycled items from inside your house or use environmental materials. This should be anything you can strike or shake.	Complete this learn to draw video. Use the link below to draw the earth as a heart. Earth as a Heart https://www.youtube.com/watch?v=S3qjIN3J0b0

Student's Classroom Teacher:_____

Student's Name: _____

Parent Signature: _____