










TIGER BREAKFAST PROGRAM



DODGE INTERMEDIATE, M.S. AND H.S. – BREAKFAST MENU – 2015-16

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 <p>CHOICE OF POWDERED OR CHOCOLATE MINI DONUTS</p>  <p>OR TWIN PACK POPTARTS</p>  <p>CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT</p> <p>CHOICE OF MILK</p>	 <p>MINI MAPLE PANCAKES OR DONUTS</p> <p>OR PEANUT BUTTER & JELLY UNCRUSTABLE SANDWICH</p> <p>OR TWIN PACK POPTARTS</p> <p>CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT</p> <p>CHOICE OF MILK</p>	 <p>BREAKFAST SLIDERS (Egg, Cheese and Turkey usage)</p> <p>OR DONUTS</p> <p>OR PEANUT BUTTER & JELLY UNCRUSTABLE SANDWICH</p> <p>OR TWIN PACK POPTARTS</p> <p>CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT</p> <p>CHOICE OF MILK</p>	 <p>PANCAKE SAUSAGE (turkey) WRAP ON A STICK</p> <p>OR DONUTS</p> <p>OR PEANUT BUTTER & JELLY UNCRUSTABLE SANDWICH</p> <p>OR TWIN PACK POPTARTS</p> <p>CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT</p> <p>CHOICE OF MILK</p>	 <p>MINI CINNAMON ROLLS</p> <p>OR DONUTS</p> <p>OR PEANUT BUTTER & JELLY UNCRUSTABLE SANDWICH</p> <p>OR TWIN PACK POPTARTS</p> <p>CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT</p> <p>CHOICE OF MILK</p>	<p>BREAKFAST PRICE: \$1.50</p> <p><i>All Breakfasts include a Fat-free Choc or 1% White Milk Milk offered for .50 cents Reduced-price is 30 cents per breakfast. Free lunch students receive Free Breakfast as well.</i></p> <p>Our menus are planned by Registered Dietitian Mark Bindus and are certified by the USDA to meet or exceed the highest standards required.</p> <p>HealthierUS School</p>

Students must select a minimum of 3 items to qualify as a reimbursable breakfast! Students must take at least one serving of fruit or juice.

ALL BREAD, PASTAS, RICE, PIZZA CRUSTS AND BREADING ARE WHOLE GRAIN TO COMPLY WITH FEDERAL STANDARDS.

BREAKFAST SERVING TIMES:

DODGE – 7:25AM – 7:40AM

RBC – 6:45AM – 7:00AM

THS – 6:45AM – 7:05AM

HOW MUCH DOES BREAKFAST COST?

If you currently are eligible to receive a FREE LUNCH, then you are eligible for a FREE BREAKFAST as well!

If you currently are eligible to receive a REDUCED PRICE LUNCH, then you can get breakfast for 30 cents!

If you currently pay full price for lunch, then you would have to pay the full price of breakfast which is \$1.50!

Want access to useful nutrition information and updates on our lunch program? Then follow me on Twitter at

<https://twitter.com/TwinTigerRD>



and Twinsburg Food Service brings you...

Tiger Breakfast Rewards

Tiger Breakfast - a Great Start for your Brain and your Body!

Now even better with Tiger Breakfast Rewards

The more times you eat SCHOOL BREAKFAST the more chances you get to win COOL monthly prizes!

