








TIGER BREAKFAST PROGRAM



WILCOX AND BISSELL - BREAKFAST MENU - 2017-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 <p>TRIX YOGURT AND GRAHAM CRACKERS OR CRUNCHMANIA SNACKS CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT CHOICE OF MILK</p>	 <p>HOMEMADE GRANULATED SUGAR COATED DONUT (whole grain) OR CRUNCHMANIA SNACKS OR TRIX YOGURT AND GRAHAM CRACKERS CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT CHOICE OF MILK</p>	 <p>TONY'S BREAKFAST PIZZA (REAL PIZZA w/ cheese & Turkey sausage) OR CRUNCHMANIA SNACKS OR TRIX YOGURT AND GRAHAM CRACKERS CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT CHOICE OF MILK</p>	 <p>HOMEMADE CHOCOLATE GLAZED DONUT (whole grain) OR CRUNCHMANIA SNACKS OR TRIX YOGURT AND GRAHAM CRACKERS CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT CHOICE OF MILK</p>	 <p>PANCAKE SAUSAGE -turkey WRAP ON A STICK OR CRUNCHMANIA SNACKS OR TRIX YOGURT AND GRAHAM CRACKERS CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT CHOICE OF MILK</p>	<p>BREAKFAST PRICE: \$1.50 <i>All Breakfasts include a Fat-free Choc or 1% White Milk Milk offered for .50 cents Reduced-price is 30 cents per breakfast. Free lunch students receive Free Breakfast as well.</i></p> <p>Our menus are planned by Registered Dietitian Mark Bindus and are certified by the USDA to meet or exceed the highest standards required. HealthierUS School</p>

Students must select a minimum of 3 items to qualify as a reimbursable breakfast!

Students must take at least one serving of fruit or juice.

ALL BREAKFAST ENTREES ARE HEALTHY WHOLE GRAINS TO COMPLY WITH FEDERAL STANDARDS.

BREAKFAST SERVING TIMES:

WILCOX – 8:05AM – 8:25AM

BISSELL – 8:35AM – 8:55AM

HOW MUCH DOES BREAKFAST COST?

If you currently are eligible to receive a FREE LUNCH, then you are eligible for a FREE BREAKFAST as well!

If you currently are eligible to receive a REDUCED PRICE LUNCH, then you can get breakfast for 30 cents!

If you currently pay full price for lunch, then you would have to pay the full price of breakfast which is \$1.50!

Want access to useful nutrition information and updates on our lunch program? Then follow me on Twitter at

<https://twitter.com/TwinTigerRD>



and Twinsburg Food Service brings you...

Tiger Breakfast Rewards

Tiger Breakfast - a Great Start for your Brain and your Body!

Now even better with Tiger Breakfast Rewards

The more times you eat SCHOOL BREAKFAST the more chances you get to win COOL monthly prizes!

