

ATHLETICS AT TWINSBURG HIGH SCHOOL

Welcome student-athletes! We offer a variety of sports at THS and encourage all of you to become involved. Below you will find information for each of our athletic seasons, along with the requirements for participation. If you have questions, the contact information for each sports' head coach, as well as the Athletic Department, is listed below. Each sport also has a web page with more info located at: <https://www.twinsburg.k12.oh.us/HighSchoolAthletics.aspx>.

FALL	COACH	EMAIL
CHEERLEADING	Christina Pistone	cpistone@twinsburgcsd.org
CROSS COUNTRY	Sarah Kmet	skmet@twinsburgcsd.org
FOOTBALL	Charles Saulter	csaulter@twinsburgcsd.org
BOYS' GOLF	TBD	TBD
GIRLS' GOLF	Ed Lipnos	elipnos@twinsburgcsd.org
BOYS' SOCCER	Mike Lally	mlally@twinsburgcsd.org
GIRLS' SOCCER	John Garber	jgarber@twinsburgcsd.org
GIRLS' TENNIS	Chris Kuzas	ckuzas@twinsburgcsd.org
VOLLEYBALL	Jessica Rader	jrader@twinsburgcsd.org
WINTER	COACH	EMAIL
BOYS' BASKETBALL	Phil Schmook	pschmook@twinsburgcsd.org
GIRLS' BASKETBALL	Ryan Looman	rlooman@twinsburgcsd.org
BOYS' & GIRLS BOWLING	Anthony Byrd	abyrd@twinsburgcsd.org
CHEERLEADING	Christina Pistone	cpistone@twinsburgcsd.org
GYMNASTICS	Maggie Benedetti	mbenedetti@twinsburgcsd.org
ICE HOCKEY	Michael Johnston	johnston1016@yahoo.com
SWIMMING & DIVING	Meredith Nock	mnock@twinsburgcsd.org
WRESTLING	Chris Mohnacky	cmohnacky@twinsburgcsd.org
SPRING	COACH	EMAIL
BASEBALL	Jim Lipinski	jlipinski@twinsburgcsd.org
SOFTBALL	Sally Petite	spetite@twinsburgcsd.org
BOYS' TENNIS	Mike Porinchak	mporinchak@twinsburgcsd.org
TRACK & FIELD	Anthony Byrd Sarah Kmet	abyrd@twinsburgcsd.org skmet@twinsburgcsd.org
ATHLETIC DEPARTMENT	STAFF	EMAIL
ATHLETIC DIRECTOR/K-12 STUDENT ACTIVITIES	Brian Fantone	bfantone@twinsburgcsd.org
ATHLETIC DEPT. ADMINISTRATIVE ASSISTANT	Erin Benson	ebenson@twinsburgcsd.org

WHAT IS REQUIRED TO PARTICIPATE ON A SCHOOL TEAM:

1. All student-athletes are required to have a Final Forms account in order to try out, attend practice and/or participate on any team. You will not be able to create a new account or update your existing account with the 2024-2025 school year sports until June 4, 2024.
2. All student-athletes are required to have a current OHSAA sports physical on file in Final Forms. Sports physicals are good for 13 months from the date of the exam. The OHSAA form can be obtained in two ways:
 - If your exam is before 6/4/24, you can print the OHSAA physical form from the following link and complete by hand:
[https://ohsaaweb.blob.core.windows.net/files/Sports-Medicine/2023-24PPE\(English\).pdf](https://ohsaaweb.blob.core.windows.net/files/Sports-Medicine/2023-24PPE(English).pdf)
 - If your exam is after 6/4/24, you will be able to complete the form electronically via Final Forms and print it (OHSAA PPE Physical for Physicians) from your account with all of your information pre-filled.
 - If your student had a recent well-check, most doctors will usually complete the form based off of that previous exam without you needing to schedule a new visit. Check with your doctor's office regarding their policy.
 - Once the form is completed by the doctor, you will upload it to your Final Forms account by clicking on the file folder icon to the right of your student's name from the homepage of your Final Forms account.
3. Pay to participate fees and their due dates for the 2024-2025 school year will be posted on the District's website once approved by the Board of Education at:
<https://www.twinsburg.k12.oh.us/districtforms.aspx>

GO TIGERS!