



Twinsburg City School District



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September 2017

Dear Parent/Guardian:

The Twinsburg City School District is currently implementing concussion benchmarking for our student-athletes. This innovative program will assist our team physicians/athletic trainers in evaluating and treating head injuries (e.g., concussion). Thanks to our District's partnership with University Hospitals, we have acquired the use of a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in "video-game" type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

You may note that since we are in the midst of our fall sports season, the initial concussion benchmarking of your son or daughter will be used as this year's baseline data, however, fall student athletes will also be concussion benchmarked at the beginning of next fall's sports season.

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post-injury test data is given to a local doctor or, to help evaluate the injury. The information gathered can also be shared with your family doctor. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

I wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student-athlete. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Twinsburg City School District administration, coaching and athletic training staffs are striving to keep your child's health and safety at the forefront of the student athletic experience. Please return the attached page with the appropriate signatures. If you do not wish your son or daughter to participate in concussion benchmarking, please indicate that decision on the attached page. Should you have any questions regarding the ImPACT program, please feel free to contact me by phone at 330-486-2480 or by email at [bfantone@twinsburgcsd.org](mailto:bfantone@twinsburgcsd.org).

Sincerely,

Brian Fantone  
Athletic Director/Coordinator K-12 Student Activities



Twinsburg City School District



## Consent Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

Name of Athlete (please print): \_\_\_\_\_

Sport: \_\_\_\_\_

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Date

**\*\* If you wish to opt-out of the ImPACT Concussion Management Program, please sign and date below\*\***

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Date